www.jubileesports.co.uk Events Timetable

Mon	Jujitsu Dan Grades	Kung Fu age 5+ 18:00 - 19:00			
Tue	Shotokan Karate age 4+ 17:30 - 18:45	Kyokushin Karate Beginners 7+ 19:00 - 20:00	Kyokushin Karate age 8+ 20:00 - 21:30		
Wed	Aikido age 16+ 18:00 - 19:30	Ashtanga Yoga age 14+ 19:30 - 20:30			
Thur	Jujitsu age 4 - 7 16:30 - 17:30	Jujitsu age 8 - 13 17:30 - 18:30	Jujitsu High Belt Juniors 18:30 - 19:30	Jujitsu age 14+ 19:30 - 21:00	
Fri	Judo age 5+ 18:00 - 19:00	Kyokushin Karate age 7+ 19:00 – 21:00			

Weekend Events

Sat	Kickboxing age 16+ 9:00 - 10:00	Open Mat 9:00 - 10:00	Birthday Party Available 11:00 – 13:00	Birthday Party Available 14:00 – 16:00		
Sun	Judo & MMA age 16+ 9:00 - 10:00	EWF Karate age 7-12 10:00 - 11:00	EWF Karate age 13+ 11:00 - 12:00	Birthday Party Available 13:00 – 15:00	Iaido Japanese Sword 18:00 - 19:00	Jujitsu age 13+ 19:00 - 21:00

Key	Fitness Classes	Throwing Arts	Striking Arts	Sword Arts